



Orthodontic treatment abroad

Please send this form to:

Helfo
Postboks 2415
3104 Tønsberg
NORWAY

The Orthodontist fills in the date and price for each treatment carried out. The application must be submitted to Helfo within 6 months from each individual treatment date.

1. Initial consultation to determine bite defect

Rate	Treatment/procedures	Treatment date	Price per treatment
600	Examination by orthodontic specialist		
601	Treatment planning		
703	Mounted articulated model		
704	Patient photo Quantity:		
802	Dental x-rays Quantity:		
803	Occlusal x-ray Quantity:		
804	Panoramic x-ray (OPG) Quantity:		
806	Lateral cephalogram		

2. Manufacture and fitting of removable appliances

Rate	Treatment/procedures	Treatment date	Price per treatment
608a	Simple removable appliances (retention/fixed plates, like Hawley retainer, lipbumper and similar)		
608b	Complex removable appliances (activators/twin block, Rapid maxillary expansion, mini-implants, and similar)		
609a	Fixed appliances in one whole jaw		
609b	Complete set of aligners		

3. Treatment checks/procedures in active treatment phase

Rate	Treatment/procedures	Date of treatment	Price per treatment
610a	Check-up without adjustment of appliance		
610b	Check-up with adjustment of appliance		

4. Conclusion of treatment

Rate	Treatment/procedures	Date of treatment	Price per treatment
611	Removal of appliance in one jaw with cleaning, including any retainer.		

5. Check-up after conclusion of treatment

Rate	Treatment/procedures	Date of treatment	Price per treatment
612	Check-up after conclusion of treatment		
		Total	

6. Ortodontist's signature

Place and date	Signature and stamp
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